

# Art School with Central Saint Martins and A4D

Join our FREE programme for people with early-stage dementia or mild cognitive impairment and their companions.

Become an art student for 4 weeks. Join the fantastic artist, Shepherd Manyika and BA Fine Art students from Central Saint Martins as they teach you a variety of contemporary art techniques working with sound and sculptural art forms. The results will be exciting and unexpected!

Participants do not need any prior experience, it's all about giving it a go and learning something new. All materials will be provided along with a biscuit or two!

Art School is a space for creative freedom and communal making. These workshops will offer an Art School experience helping you to discover your inner artist.

- Enjoy weekly creativity
- Make new social connections
- Develop new skills
- Combat memory worries



## When:

26 February - 18 March 2024  
Monday's, 2pm - 4pm

## Where:

Central Saint Martins, 1 Granary  
Square, Kings Cross, N1C 4AA

## To register contact:

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**020 3633 5401**

[www.arts4dementia.org.uk](http://www.arts4dementia.org.uk)