

The Art of Craft with A4D and Cockpit Studios

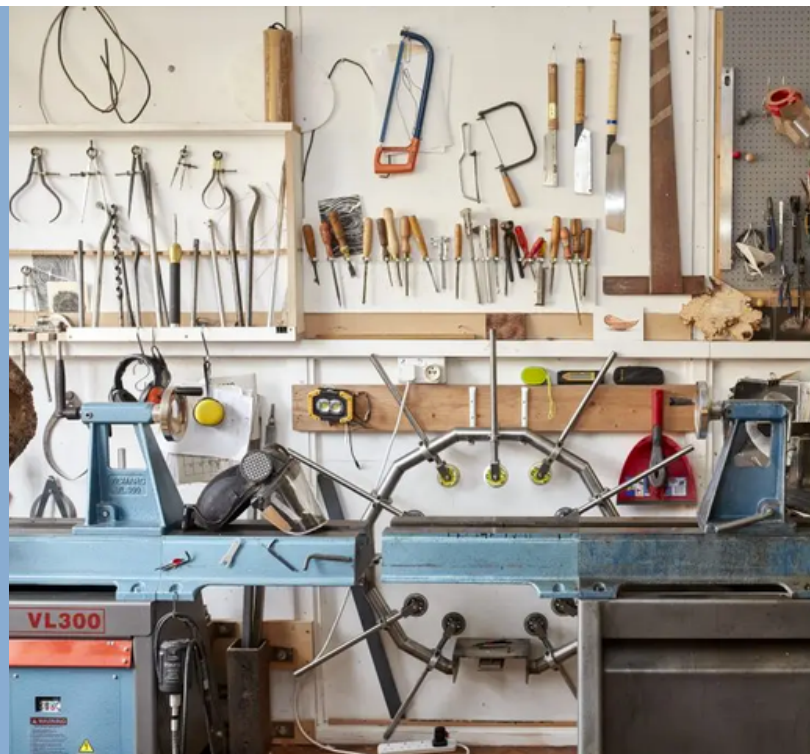
Join our free programme for people with early-stage dementia or mild cognitive impairment and their companions.

This 6-week programme is a chance for participants to try their hand at a number of new crafts including weaving and textile art from the brilliant resident makers at Cockpit.

Each session will focus on a different theme and craft, inspiring the activity for that day. Participants will learn new techniques and use a variety of materials to create a finished piece. There will even be a chance to exhibit your creations at the open studio event in November!

At the end of the session there will be a chance to socialise with light refreshments. No previous experience is needed. It is all about giving it a go!

- Enjoy weekly creativity
- Make new social connections
- Develop new skills
- Combat memory worries



When: 28 October - 9 December
(no session on November 25),
Every Friday, 11:30am - 1pm

Where: Cockpit Studios, Cockpit
Yard, Northington St, London,
WC1N 2NP

To register contact:
emily@arts4dementia.org.uk

020 3633 5401

arts4dementia.org.uk