

A4D Box of Smiles Shared Experience Programme

Join our free programme for people with early-stage dementia/mild cognitive impairment and their companions.

Express yourself through creative words of expression from poetry, lyric writing and musical influence on the theme of a smile.

This programme has been inspired and co-produced by Ronald Amanze, an A4D Trustee who lives with early-stage dementia. Having been a music producer for many years, Ronald has seen the benefits of engaging with music and songwriting.

Ronald has worked with Pamela Thompson, a published poet, to create a variety of creative writing sessions ranging from poetry to lyric writing.

Get together with your local community and discover your hidden creative power. No previous experience needed!

- Enjoy weekly creativity
- Make new social connections
- Develop new skills
- Combat memory worries



When: 19 July – 23 August
Tuesdays, 11am–12:45pm

Where: Ashford Place, 60 Ashford Road, London, NW2 6TU

To register contact:
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arts4dementia.org.uk