

A4D Box of Smiles Shared Experience Programme

Join our free programme for people with early-stage dementia/mild cognitive impairment and their companions.

Express yourself through creative words of expression: creative writing, poetry, lyric writing, and music influences!

Published poet, Pamela Thompson will facilitate a variety of creative writing sessions ranging from poetry to lyric writing.

Get together with your local community for a programme full of creativity and communal making. No previous experience needed!

- Enjoy weekly creativity
- Make new social connections
- Develop new skills
- Combat memory worries



When: 3 May- 21 June
Tuesdays, 11am-12:45pm

Where: Ashford Place, 60 Ashford
Road, London, NW2 6TU

To register contact:
emily@arts4dementia.org.uk

020 3633 9954
arts4dementia.org.uk