Arts 4 dementia
Empowerment through artistic stimulation

ual: central saint martins

Art School with A4D and Central Saint Martins

Start the new year by becoming an Art Student for a term!
Join our free programme for brain health for people with early-stage dementia or mild cognitive impairment.

BA Fine Art students from Central Saint Martins will act as facilitators, guiding participants through a variety of artists practices from traditional to digital art forms. The results will be exciting and unexpected!

Participants will receive a tote bag with all the art materials required for the course.

Art School is a space for creative freedom and communal making. These workshops will offer an Art School experience helping you to discover your inner artist.

- Enjoy weekly creativity
- Make new social connections
- Develop new skills
- Combat memory worries

Social prescribing referrals welcome.

When: Friday afternoons,
3:00pm - 5:00pm,
11 February - 1 April

Where: Zoom (initially)
We hope to hold later sessions at the spectacular Central Saint Martins site in Kings Cross, as circumstances permit.

To register contact:
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